

LUNCH FEBRUARY 2012

Batavia Elementary Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> Lunch Prices: Student:\$2.25 Reduced:\$.30 Adult: \$3.25 Visit lunchprepay.com for on-line 		Breaded Mozz. Sticks Marinara Sauce Tossed Salad Choice of Fruit Milk	Chicken Nuggets Mashed Potatoes Choice of Fruit Wheat Dinner Roll Milk	Cheese or Pepperoni Pizza Seasoned Corn Sherbet Cup Milk
Cheeseburger on Bun Tater Tots Choice of Fruit Milk	3 Way Chili Spaghetti Tossed Salad Oyster Crackers Choice of Fruit Milk	Chicken Patty on Bun Mashed Potatoes Choice of Fruit Milk	Soft Taco Lettuce/Cheese/Salsa Seasoned Corn Choice of Fruit Milk	Stuffed Crust Pizza Green Beans Choice of Fruit Milk
Sausage, Egg, Cheese Biscuit Hash Brown Cinnamon Apples Milk	Chicken Teriyaki/Rice Vegetable Egg Roll Fortune Cookie Choice of Fruit Milk	Spaghetti & Meat Sauce Tossed Salad Breadstick Choice of Fruit Milk	Cheddar Hot Dog Tater Tots Choice of Fruit Milk	Cheese or Pepperoni Pizza Mixed Vegetables Choice of Fruit Milk
Presidents' Day No School!	Chicken Patty on Bun Cheesy Potatoes Choice of Fruit Milk	Chicken Quesadilla Green Beans Choice of Fruit Milk	Cheeseburger Curly Fries Choice of Fruit Milk	Cheese or Pepperoni Pizza Tossed Salad Choice of Fruit Milk
Grilled Cheese Tomato Soup Crackers/Pickle Choice of Fruit Milk	Chicken Nuggets Mashed Potatoes Wheat Dinner Roll Choice of Fruit Milk	Walking Taco Lettuce, Cheese, Salsa Seasoned Corn Choice of Fruit Milk		

NUTRITION TIP: Benefits of Vitamin D

- 7 out of 10 Americans don't meet recommended intakes for vitamin D.¹
- Vitamin D is important because it helps your body absorb calcium, but studies have shown that it also has a protective effect against chronic diseases including heart disease, type 1 diabetes, and others.²
- Find vitamin D in fortified low-fat yogurt and other dairy foods.

Daily variety of fruit cups may include: peaches, pears, flavored or plain applesauce, fruit cocktail, mandarin oranges, pineapple, and strawberries. Fresh fruits will also be offered.

THIS DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER/PROVIDER.